

PLEASURE FOR COOKING

Class _____ No 28 Name _____

I. Find your Recipe!

Hey! After Unit One, we know that a recipe contains 2 parts: ^{配料} ingredients & ^{做法} process. Now, you need to find an English recipe for yourself. Look for any dishes or cookies you'd like to try and include at least 2 of the following verbs and circle them.

add	mix	bake	roast/grill (烤)	cut
stir	pour	place/put	heat/preheat (预热)	cover (覆盖)

My Recipe:

ingredients:

1. yolk 18g
2. trehalose 35g
3. milk 52g
4. oil 52g
5. Vanilla extract 2g
6. salt 2g
7. low-gluten flour 18g
8. baking powder 4g
9. protein 156g
10. granulated sugar 65g
11. Cream of tartar 1/2 spoon

process:

1. The eggs yolk and mix well trehalose.
2. Sift flour and baking powder added to the batter and mix well stand.
3. Tarta added protein powder mix.
4. Sugar sand was added protein pass.
5. Will send mix of protein added to the batter and pour into the model.
6. Oven temperature 175°C about 30~40 min.

II. Do It Yourself!



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III.

How do you feel after cooking?

Write down how you feel after cooking in English (no less than 120 words) or Chinese (no less than 180 characters).

呵~這是媽媽第一次讓我自己完全的操作,雖然以前同樣的東西做了很多次,但每次可以做的不是倒材料,拿材料和打蛋而已,所以這一次的經歷對於我而言是個非常寶貴的經驗,只不過可能是我第一次掌控有點小小的緊張,所以有很多的地方需要去學習和改進,也在做的時候搞出了很多大烏龍,但是失敗為成功之母,相信經過了這次的骨盤經驗之後,下次我一定可以做的更好,只不過我覺得這次我學到的不是只有如何去做蛋糕,而是那份當你要把食物拿出去給人品嘗時的成就感!

Good!

※ FYI (For your information) :

1. This assignment is due on September 23, 2013. Hand it in to your English TA before the end of Monday.
2. You can print your pictures using the printer in the library. For black & white printing, you need to pay 1 NT dollar. For color printing, one costs 5 dollars.
3. If you need the file, visit <http://imedia.itcvs.itc.edu.tw/channel/show/id/31> and you can download it. 打字

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